

**Can you spare two hours every other week?**

**You could be a Young Carers  
Volunteer Befriender**



**SOUTHAMPTON**  
**YOUNG CARERS**  
**PROJECT**

**You must:**

- Have your own car and a full driving licence
- Be able to attend training all day on Saturday 24th March 2012
- Be 18 years old and over
- Be willing to HAVE FUN!

**Young Carers are children and young people under the age of 18 whose lives are affected by caring for an unwell or disabled family member.**

**You could help give them a break, experience things they may have missed out on and be their listening ear.**

**To find out more come to the volunteer recruitment open evening:**

**Wednesday 7th March 2012  
5.30pm-6.30pm  
Southampton Voluntary Services  
St.Mary Street  
Kingsland Square  
SO14 1NW**

**Please confirm your attendance via Anna Hutchings 07771538794 or  
a.hutchings@southamptonvs.org.uk**